

# LUNCH

11:30 AM - 3:00 PM EXCEPT SATURDAYS, SUNDAYS AND HOLIDAYS

# 1

SUSHI \$10.50

5 pc chef's choice sushi, one choice roll (see below)

# 2

SASHIMI \$11.95

6 pc chef's choice sashimi, one choice roll (see below)

# 3

VEGETABLE SUSHI \$10.95

5 pc vegetable sushi, one choice roll (see below)

# 4

ROLL COMBO \$10.50

Choice of 2 rolls

# 5

ROLL COMBO \$14.50

Choice of 3 rolls

Avocado Roll	Eel & Cucumber Roll	Tuna Roll
California Roll	Red Snapper Roll	Spicy Tuna Roll
Spicy California Roll	Cucumber Roll	Yellowtail Roll
Crunchy Tofu Roll	Salmon Roll	Salmon Skin Roll
Eel & Avocado Roll	Sweet Potato Roll	Vegetable Roll

## LUNCH HIBACHI GRILL

YOUR CHOICE OF PROTEIN PREPARED FRESH FROM OUR GRILL.  
SERVED WITH SAUTÉED VEGETABLES, CHOICE OF WHITE RICE OR NOODLES

BEEF \$12.95

CHICKEN \$9.95

SHRIMP \$12.95

VEGETABLE \$8.95

## LUNCH BOXES

(SERVED WITH GYOZA, CALIFORNIA ROLL, WHITE RICE)

PORK KATSU \$11.95

TOFU TERIYAKI \$9.50

VEGETABLE TEMPURA \$10.75

# TO-GO PLATTERS

ALL PLATTERS COME WITH WASABI, GINGER, SOY SAUCE

PLEASE PLACE ORDERS 48 HOURS IN ADVANCE

### COOKED SUSHI PLATTER

\$43.95 | SMALL - 58 PC

Crunchy Tofu Roll  
California Roll  
Spicy Shrimp Roll  
Eel & Cucumber Roll  
Shrimp Tempura Roll  
Shrimp Sushi  
Kani (crabstick) Sushi

### COOKED SUSHI PLATTER

\$65.95 | LARGE- 82PC

Avocado Cucumber Roll  
Crunchy Tofu Roll  
Spicy California Roll  
Dragon Roll  
Eel Cucumber Roll  
Shrimp Tempura Roll  
Shrimp Sushi  
Kani (crabstick) Sushi

### MIXED SUSHI PLATTER

\$49.95 | SMALL- 60PC

Tuna Roll  
Salmon Roll  
Avocado Cucumber Roll  
Spicy California Roll  
Shrimp Tempura Roll  
Spicy Tuna Roll

### MIXED SUSHI PLATTER

\$65.95 | LARGE- 90PC

Tuna Roll  
Salmon Roll  
California Roll  
Vegetable Roll  
Shrimp Tempura Roll  
Spicy Tuna Cucumber Roll  
Philly Roll  
Avocado Cucumber Roll  
Spicy Scallop Roll

### SUSHI & ROLL PLATTER

\$53.95 | SMALL -58PC

Tuna Roll  
Salmon Roll  
Golden Spicy Tuna Roll  
California Roll  
Tuna Sushi  
Salmon Sushi  
Eel Sushi  
Shrimp Sushi

### SUSHI & ROLL PLATTER

\$76.95 | LARGE- 86 PC

Tuna Roll  
Salmon Roll  
California Roll  
Vegetable Roll  
Golden Spicy Tuna Roll  
Shrimp Tempura Roll  
Paradise Roll  
Tuna Sushi  
Salmon Sushi  
Shrimp Sushi  
Eel Sushi

### VEGETARIAN DELIGHT PLATTER

\$39.95 | SMALL - 60PC

Avocado Roll  
Cucumber Roll  
Crunchy Tofu Roll  
Sweet Potato Roll  
Carrot Roll  
Spicy Vegetable Roll

### VEGETARIAN DELIGHT PLATTER

\$49.95 | LARGE- 80PC

Avocado Roll  
Cucumber Roll  
Carrot Roll  
Vegetable Roll  
Sweet Potato Roll  
Spicy Vegetable Roll  
Crunchy Tofu Roll  
Avocado Cucumber Roll



SUNDAY-THURSDAY 11:30AM - 9:30PM

FRIDAY-SATURDAY 11:30AM - 10:00PM

VILLAGE COMMONS

15 COLLEGE STREET

SOUTH HADLEY, MASSACHUSETTS 01075

413.538.8222 | 413.532.8000 | IYASUSHI.COM

HEY

CONSUMING RAW OR UNCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE A MEDICAL CONDITION

?

WHAT IS IYA?

IT'S HOW WE SAY: OH WOW! HOLY COW! OH MY GOODNESS! WOWZERS! NO WAY! GET OUT OF TOWN! JEEPERS! YOU CRAZY! WHAAA! HOLY SMOKES! MAN-O-MAN! OH MAN! I CAN'T EVEN! WHAT THE...! YOU GET THE IDEA.

## STARTERS

MISO SOUP \$2.95

EDAMAME \$3.95  
Steamed and salted soybeans  
(add garlic butter \$1)

KIMCHI \$2.95  
Spicy marinated Korean cabbage

GYOZA \$6.95  
Crispy filled vegetable dumplings,  
soy dipping sauce

SHUMAI \$5.95  
Veggie and shrimp dumpling

SPRING ROLLS \$4.95  
Veggie filled, served with sweet chili sauce

GARDEN SALAD \$2.95  
Ginger dressing

SEAWEED SALAD \$4.95

SASHIMI SALAD \$11.95  
Chef's choice sashimi, field greens,  
masago, scallions, spicy sesame dressing

SASHIMI APPETIZER \$9.95  
Chef's choice of assorted sashimi

SUSHI APPETIZER \$8.95  
Chef's choice of assorted sushi

SPICY TUNA BOWL \$10.95  
Diced tuna, masago, sprouts,  
scallions, Chef's spicy sauce,  
avocado, white rice

ALBACORE TATAKI  
APPETIZER \$11.95  
Seared albacore tuna, ponzu sauce,  
mixed greens, topped with tobiko

VEGETABLE TEMPURA \$6.95  
Sweet potato, onion, zucchini,  
mushroom, broccoli

SHRIMP TEMPURA \$8.95

GARLIC NOODLES \$5.95  
Stir-fried garlic egg noodles

PORK BELLY APP \$10.95  
Seared pork belly, sautéed kimchi,  
white rice, sesame garlic ginger sauce

## RAMEN

CHICKEN RAMEN \$10.95  
Chicken broth, seasoned chicken,  
boiled egg, mushroom, corn, green  
onion, nori seaweed

CLASSIC TOKYO STYLE RAMEN \$11.95  
Pork broth, chasu pork, boiled egg,  
bean sprout, green onion, bamboo  
shoots, seaweed nori, fried garlic,  
roasted sesame seeds

HOT & SPICY RAMEN \$11.95  
Pork broth, IYA's special blend of hot spices,  
chasu pork, boiled egg, green onions,  
bamboo shoots, fried garlic, hot sesame oil

SPICY SEAFOOD RAMEN \$14.95  
Shrimp, calamari, mussels, onions,  
mushrooms, bean sprout, garlic and  
scallion is spicy broth

VEGETABLE RAMEN \$8.95  
Vegetable broth, boiled egg, tofu,  
mushrooms, corn, nori seaweed, green  
onion, bean sprouts

ROAST DUCK RAMEN \$12.95  
Pork broth, Roast Duck, boiled egg,  
watercress, scallions

HOME-STYLE WON TON  
RAMEN SOUP \$12.95  
Pork & chicken broth, house made wontons,  
ramen egg noodles, watercress, green onions

## TACOS & BAOS

(2 ASIAN STEAMED SANDWICH BAOS PER ORDER)

SPICY TUNA TACO \$13.95  
2 flour tortillas filled with diced spicy  
tuna, sushi rice, avocado, lettuce,  
jalapeño, tempura crunch, spicy mayo,  
and eel sauce (sub spicy salmon \$1.00)

BEEF BULGOGI TACO \$12.95  
2 flour tortillas filled with marinated  
beef, sushi rice, cream cheese, lettuce,  
onions, avocado, tempura crunch, eel  
sauce

PORK BELLY BAO \$5.95  
Seared pork belly, house pickles,  
scallion, gochujang aioli, sesame seeds

SHRIMP TEMPURA BAO \$5.95  
Tempura shrimp, Asian slaw, sriracha  
honey, cilantro

FIVE SPICE DUCK BAO \$8.95  
Braised duck, house pickles, Beijing  
sauce, scallion, cilantro and sweet  
potato crunch

CRISPY TOFU BAO \$4.95  
Tempura tofu, marinated shiitake, sweet  
mustard, scallion

## FAVORITES

BIBIMBAP \$13.95  
A Korean favorite served  
in a stone bowl with an  
assortment of vegetable,  
marinated ground beef and  
topped with an egg over  
rice. Served with gochujang  
red chili sauce.

PORK KATSU \$13.95  
Fried pork cutlet in panko  
crumb, served with white rice  
and plum sauce, served with  
a garden salad. Top with over  
easy egg \$1.00.

KOREAN  
BULGOGI \$14.95  
Thinly sliced beef marinated  
in a sweet ginger soy sauce  
sautéed onions, mushrooms,  
and thin sweet potato  
noodles. Topped with  
scallions, served with side of  
white rice.

## SUSHI & SASHIMI

SERVED A LA CARTE  
SUSHI: 2 PIECES PER ORDER  
SASHIMI: 2 PIECES PER ORDER  
ADDITIONAL \$0.50 FOR BROWN RICE SUBSTITUTION

ALBACORE TUNA \$5.50  
CRAB STICK (Kani) \$3.75  
DEEP FRIED TOFU (Inari) \$4.25  
EEL (Unagi) \$5.25  
EGG (Tamago) \$3.00  
FLYING FISH ROE (Tobiko) \$4.75  
OCTOPUS (Tako) \$4.75

RED SNAPPER (Tai) \$4.50  
SALMON (Sake) \$4.95  
SALMON ROE (Ikura) \$5.50  
SHRIMP (Ebi) \$4.50  
TUNA (Maguro) \$5.50  
WHITE TUNA \$5.25  
YELLOW TAIL (Hamachi) \$5.25

## ROLLS

ADDITIONAL \$1.00 FOR BROWN RICE SUBSTITUTION  
ADD: SIDE OF SPICY MAYO, OR AVOCADO \$0.50 EACH

AVOCADO ROLL \$4.50  
CALIFORNIA ROLL \$4.75  
CUCUMBER ROLL \$4.50  
EEL & AVOCADO ROLL \$6.25  
EEL & CUCUMBER ROLL \$6.25  
PHILLY ROLL \$6.95  
RED SNAPPER ROLL \$5.50  
SALMON & AVOCADO ROLL \$5.75  
SALMON ROLL \$5.25  
SALMON SKIN ROLL \$4.95  
SHRIMP TEMPURA ROLL \$6.95  
SPICY CALIFORNIA ROLL \$5.25

SPICY SALMON ROLL \$5.95  
SPICY SCALLOP ROLL \$6.25  
SPICY SHRIMP ROLL \$5.95  
SPICY TUNA ROLL \$5.95  
SPICY YELLOWTAIL ROLL \$6.25  
SWEET POTATO ROLL \$5.95  
TOFU CRUNCH ROLL \$6.95  
TUNA & AVOCADO ROLL \$5.75  
TUNA ROLL \$5.95  
VEGETABLE ROLL \$4.95  
(cucumber, carrot, avocado)  
YELLOW TAIL ROLL \$5.95

## SUSHI & SASHIMI ENTREES

ROLL COMBO \$16.95  
A spicy tuna roll, a California roll, and shrimp tempura roll

SPICY ROLL COMBO \$16.95  
A spicy tuna roll, a spicy salmon roll, and spicy shrimp roll

SASHIMI REGULAR \$19.95  
12 pieces of sashimi

SASHIMI DELUXE \$26.95  
15 pieces of sashimi

SUSHI REGULAR \$17.95  
8 pieces of sushi and a California Roll

SUSHI DELUXE \$19.95  
10 pieces of sushi and a spicy tuna roll

REGULAR SUSHI AND SASHIMI COMBO \$25.95  
6 pieces sushi, 9 piece sashimi, one spicy tuna roll

DELUXE SUSHI AND SASHIMI COMBO \$49.95  
12 pieces of sushi, 18 pieces of sashimi, one chef's choice specialty roll, and one spicy tuna roll

## SUSHI SPECIALTY ROLLS

SOME OF OUR SPECIALTY ROLLS CONTAIN SESAME SEEDS, TOBIKO & MASAGO (FISH ROE). PLEASE  
INFORM YOUR SERVER IF YOU DO NOT WISH TO HAVE THEM ON YOUR ROLLS IN ADVANCE.  
ADDITIONAL \$1.00 FOR BROWN RICE SUBSTITUTION

TANGO ROLL \$11.95  
Shrimp tempura and spicy tuna topped with tuna and mango drizzled with a sweet chili pineapple  
sauce

JALAPEÑO POPPER ROLL \$11.95  
Tempura fried jalapeño, cream cheese, cucumber, topped with salmon, avocado, and sweet mayo

CRISPY TUNA ROLL \$12.95  
Spicy tuna, cucumber, avocado topped with tuna, eel sauce, sweet potato crunch, sriracha, and  
scallions

BUMBLE CRUNCH ROLL \$12.95  
Spicy Tuna, avocado, cucumber, topped with shrimp tempura, eel sauce, scallions and drizzled with  
a local honey white truffle aioli

911 ROLL \$10.50  
Spicy tuna and cucumber roll wrapped with avocado topped with spicy mayo and sriracha sauce

CRUNCHY ROLL \$9.95  
Shrimp tempura, crab and cucumber topped with tempura crunch and eel sauce

DRAGON ROLL \$10.95  
California roll wrapped with eel and avocado topped with eel sauce

FANTASTIC ROLL \$12.95  
Tuna, yellowtail, crabmeat, cucumber, topped with salmon, avocado, scallions and spicy mayo

FLYING TIGER ROLL \$12.50  
Shrimp tempura, smoked salmon, crabmeat, cucumber. Topped with salmon, sweet potato crunch,  
avocado, garlic chili mayo, eel sauce and tobiko

GOLDEN SHRIMP ROLL \$10.95  
Spicy shrimp, avocado, cream cheese, deep fried topped with spicy mayo and eel sauce

GOLDEN CALIFORNIA ROLL \$8.95  
California roll lightly battered and crisp to perfection. Topped with Japanese mayo and eel sauce

GOLDEN SPICY TUNA ROLL \$10.50  
Spicy tuna and sweet onion, lightly battered and fried. Topped with spicy mayo, tempura crunch,  
sweet potato crunch, eel sauce and sriracha

MEXICAN ROLL \$11.95  
Spicy shrimp and crabmeat with cucumber wrapped with shrimp and avocado, topped with spicy  
chili sauce and spicy mayo

MT. HOLYOKE ROLL \$13.50  
California roll topped with salmon, spicy tuna, eel sauce and spicy mayo, tempura crunch, sweet  
potato crunch, eel sauce, scallions, masago

OUT OF CONTROL ROLL \$11.95  
Spicy tuna and cucumber, topped with eel, avocado, and scallion

PARADISE ROLL \$11.95  
Shrimp tempura, crab, and cucumber topped with salmon and avocado, tempura crunch, spicy  
mayo, eel sauce

RAINBOW ROLL \$11.50  
California roll wrapped with chef's choice fish and avocado

SPIDER ROLL \$10.25  
Tempura soft shell crab, sprouts, masago, avocado, and cucumber

CATERPILLAR ROLL \$12.50  
Shrimp tempura, spicy crab meat and cucumber wrapped in avocado topped with spicy mayo,  
tempura crunch, sweet potato crunch, eel sauce and spicy sriracha

## HIBACHI GRILL

YOUR CHOICE OF PROTEIN PREPARED FRESH FROM OUR GRILL.  
SERVED WITH SAUTÉED VEGETABLES, CHOICE OF WHITE RICE OR NOODLES

BEEF \$17.95 / CHICKEN \$13.95 / SHRIMP \$17.95 / VEGETABLE \$10.95

HIBACHI KIDS (12 AND UNDER)

BEEF \$8.95 / CHICKEN \$7.95 / SHRIMP \$8.95 / VEGETABLE \$6.95

MOCHI ICE CREAM / 2.95

GREEN TEA / RED BEAN / MANGO / VANILLA / CHOCOLATE / STRAWBERRY